

Introduction to Art Journaling

Supply List:

Required:

- An art journal: Canson's Mixed Media spiral bound journal* is recommended, 7"x 10" size is Cindy's favorite
- Color: Use what you have: watercolor or acrylic paints, colored pencils, pastels, markers
- Black permanent pen a must (eg Sharpie)
- Graphite Pencil
- A piece of scrapbooking paper – prior to class cut to size of journal cover
- Glue and/or Mod Podge or most varnishes
- Something to outline a circle: compass, bowl, lid etc.

Optional:

- gesso
- papers (to collage)
- stencils
- wax paper

*available at major online retailers for ~\$10

Prior to class I suggest you go ahead and cut to size a piece of cardstock scrapbooking paper, or any heavyweight paper available, keeping in mind the color you might want later for the journal's cover. Once that piece is cut to size, we will attach it during the class by Mod Podge, glue, varnish, etc. Basically, anything you have that will adhere the paper to the inside of the cover. I suggest strongly that you stick to a solid or tone-on-tone color.